

10th Annual

## Damn Tuff Ruff Bluff Run

25km and 50km Trail Runs

Owen Sound, Ontario

July 22, 2006

### 50k results

PI	Bib	First	Last	Time	Cat	Pos	M/F	Age	City
1	26	Adam	Hill	4:01:38	39<	1	male	30	Orillia
2	44	Jeff	Simpkins	4:10:42	40-49	1	male	44	Keswick
3	18	Paul	Trebilcock	4:14:04	40-49	2	male	40	Hamilton
4	42	Marianne	Perz	4:23:57	39<	1	female	36	Uxbridge
5	13	Steven	Parke	4:43:04	40-49	3	male	40	Kitchener
6	28	Steve	Burrows	4:49:15	50+	1	male	54	Orillia
7	2	Laurie	McGrath	4:49:37	39<	2	female	38	Baden
8	7	Ronald	Gehl	4:49:38	50+	2	male	59	Kitchener
9	46	Andrew	Heij	4:51:19	39<	2	male	25	Waterloo
10	17	Paul	Hennick	4:51:20	50+	3	male	55	Toronto
11	6	Jim	Morrison	4:57:12	40-49	4	male	47	Thornhill
12	35	Jim	Orr	5:00:17	50+	4	male	50	Toronto
13	54	Karen	McMillan	5:01:18	39<	3	female	33	Kitchener
14	22	Don	Pinksen	5:01:19	50+	5	male	51	Guelph
15	51	Pat	Burke	5:01:58	40-49	5	male	43	Hillsburgh
16	16	Wayne	Spahr	5:04:41	40-49	6	male	40	Owen Sound
17	47	Jamie	Follas	5:08:43	40-49	7	male	43	Elora
18	30	Rejean	Lavoie	5:10:18	39<	3	male	33	Kitchener
19	52	Allen	Haner	5:15:10	39<	4	male	38	Mindemoya
20	20	Rick	Mcdowell	5:18:04	50+	6	male	57	Ajax
21	27	Bruce	Smith	5:18:04	40-49	8	male	45	Burlington
22	11	Gord	England	5:21:42	50+	7	male	53	Scarborough
23	8	Roger	Parsons	5:24:38	50+	8	male	53	St. Jacobs
24	31	Charlotte	Vasarhelyi	5:26:19	39<	4	female	30	Guelph
25	24	A Duff	Mclaren	5:38:47	50+	9	male	57	Toronto
26	4	George	Biondic	5:40:54	50+	10	male	53	Aurora
27	12	David	Collins	5:41:45	50+	11	male	54	Burlington
28	49	Michael	Gillespie	5:42:10	50+	12	male	56	Toronto
29	34	Christine	Callaghan	5:42:32	39<	5	female	38	Mississauga
30	9	Jerry	Gillissen	5:45:09	50+	13	male	56	Lansing
31	36	Dave	Crowe	5:45:28	40-49	9	male	43	Mississauga
32	1	Howard	Parker	6:02:54	50+	14	male	56	Scarborough
33	3	Hans	Maier	6:05:31	50+	15	male	67	Markham
34	53	Daniel	Boon	6:12:03	40-49	10	male	49	Orillia
35	21	Shelly	Rutledge	6:12:32	39<	5	male	33	Mississauga
36	43	Gavin	Simpson	6:14:23	50+	16	male	55	Ajax
37	39	Virginia	Govier	6:32:59	39<	6	female	39	New Dundee
38	23	Aimee	Runge	6:35:04	39<	7	female	39	Waterloo
39	40	Paul	de Biasi	6:38:11	50+	17	male	71	Washago
40	19	Jennifer-anne	Meneray	6:40:36	39<	8	female	31	London
41	50	Richard	Urbanski	6:58:04	50+	18	male	59	Coldwater
42	5	Helen	Malmberg	7:17:30	50+	1	female	60	Toronto
43	45	Joe	Cleary	7:19:27	50+	19	male	66	Georgetown
44	48	Linda	Hodkin	7:19:27	50+	2	female	58	Toronto
45	10	Tiffany	Pelka	7:38:14	40-49	1	female	41	Barrie
	15	Iris	Cooper	DNF	40-49		female	47	Toronto

29	Gerry	Shea	DNF	39&<	male	35	Hamilton
33	Robert	Mcgrath	DNF	39&<	male	35	Toronto
37	Pierre	Marcoux	DNF	40-49	male	48	Creemore
14	Jeff	Cooper	DNF	50+	male	51	Toronto
25	David	Johnson	DNS	50+	male	60	Toronto
41	Adrian	Horvath	Off Course	39&<	male	28	Toronto

## 25k results

1	93	Mark	Tarnopolsky	1:45:09	40-49	1	male	43	Hamilton
2	94	David	Rowlands	1:45:59	39&<	1	male	33	Hamilton
3	151	Oswin	Hall	1:48:23	40-49	2	male	40	Unionville
4	129	Allan	Magi	1:49:33	40-49	3	male	42	Dundas
5	134	Peter	Taylor	1:51:15	39&<	2	male	36	Toronto
6	83	Jason	Shaw	1:59:16	40-49	4	male	44	MountAlbert
7	132	Nadeem	Khan	1:59:34	39&<	3	male	27	Toronto
8	150	William	Logie	1:59:41	39&<	4	male	38	Toronto
9	154	Cindy	Ramsay	2:12:38	39&<	1	female	37	Markham
10	78	Patrick	Timmons	2:13:31	40-49	5	male	49	London
11	91	Charlie	Upshall	2:14:32	50+	1	male	61	Simcoe
12	153	Brian	Lancia	2:14:45	40-49	6	male	48	Barrie
13	155	Curtis	Coyne	2:16:48	40-49	7	male	40	Meaford
14	71	Michael	Latham	2:18:07	40-49	8	male	48	Komoka
15	86	Chris	Berneche	2:18:57	50+	2	male	51	Belleville
16	157	James	Chin Yut	2:20:25	40-49	9	male	44	Port Elgin
17	77	Neil The Basta	Phillips	2:20:31	40-49	10	male	42	Barrie
18	110	Astrid	Varga	2:22:23	50+	1	female	56	Kitchener
19	82	Karen	Roberts	2:25:55	39&<	2	female	37	Aurora
20	96	Sheldon	Gragg	2:26:41	40-49	11	male	49	Georgetown
21	90	Lisa	D'ariano	2:27:28	40-49	1	female	46	London
22	152	Deborah	Sheppard-lancia	2:27:56	40-49	2	female	42	Barrie
23	130	Ed	Wilson	2:29:33	50+	3	male	52	Kitchener
24	144	Krista	Beisel	2:29:33	39&<	3	female	34	Paris
25	112	Greg	D'cruz	2:30:13	39&<	5	male	38	Ajax
26	99	Mark	Mannering	2:30:15	40-49	12	male	48	Toronto
27	137	Tammy	Whitehead	2:30:34	40-49	3	female	42	London
28	85	Brad	Lipskie	2:30:49	50+	4	male	57	Barrie
29	97	Christine	Dirks	2:32:00	50+	2	female	54	London
30	95	Fortunato	Papalia	2:32:09	50+	5	male	52	Kincardine
31	121	Jim	Mullenix	2:33:52	40-49	13	male	46	London
32	124	Adi	Shnall	2:34:07	40-49	4	female	43	Thornhill
33	89	Michael	Rigato	2:34:38	50+	6	male	52	Brampton
34	156	Robin	Coombes	2:35:29	39&<	4	female	34	Owen Sound
35	149	David	Howell	2:35:43	50+	7	male	55	Riverview
36	79	Mitzi	Paquette	2:36:51	39&<	5	female	36	Oshawa
37	140	Sandi	Stiel	2:37:02	40-49	5	female	43	Toronto
38	115	Scott	Douglas	2:37:44	40-49	14	male	42	Kitchener
39	116	Gary	Cambridge	2:39:19	40-49	15	male	49	Ilderton
40	76	Sylvie	Phillips	2:40:58	39&<	6	female	39	Barrie
41	136	Barbara	Campbell	2:41:02	40-49	6	female	45	Palgrave
42	145	Jan	Vokes	2:43:11	39&<	7	female	36	Owen Sound
43	120	Jim	Fregeau	2:44:06	50+	8	male	54	Owen Sound
44	104	Kim	Sutherland	2:44:37	40-49	7	female	44	Bancroft
45	32	Michael	Lazenby	2:45:00	40-49	16	male	41	Collingwood
46	146	Lisa	Simpson	2:45:01	39&<	8	female	35	Kitchener

47	100	Lionel	Henry	2:45:09	50+	9	male	52	Stouffville
48	148	Pat	Healy	2:51:42	50+	10	male	56	Mississauga
49	118	Scott	Smith	2:51:43	40-49	17	male	43	Guelph
50	92	Carl	Keevil	2:53:25	50+	11	male	59	London
51	84	Nicol	Decourcy-donov	2:53:38	39<	9	female	36	Dundas
52	103	Larry	Lichty	2:53:39	50+	12	male	53	Acton
53	73	Gloria	Dangerfield	2:54:50	39<	10	female	28	Shallow Lake
54	125	Klaus	Fritzsche	2:56:07	50+	13	male	50	Alliston
55	131	Judy	Wilson	2:56:20	40-49	8	female	49	Kitchener
56	128	Debbie	Jones	2:58:02	50+	3	female	51	Paris
57	108	Paul	Raymond	2:59:57	50+	14	male	51	Orillia
58	38	LeeAnne	Cohen	3:00:36	50+	4	female	52	Creemore
59	81	John	Walker	3:05:23	50+	15	male	56	London
60	114	Larry	Gooder	3:06:15	50+	16	male	52	London
61	147	Keith	Mah	3:06:50	39<	6	male	38	London
62	109	Kristine	Raymond	3:08:25	50+	5	female	50	Orillia
63	107	Sandy	Smith	3:08:45	40-49	9	female	45	Burlington
64	80	Alex	Cowie	3:09:08	50+	17	male	68	Oshawa
65	143	Tracy	Gerber	3:09:08	39<	11	female	33	Ayr
66	138	Glenn	Wells	3:11:47	39<	7	male	37	London
67	139	Christina	Benedict	3:12:00	39<	12	female	30	London
68	126	Dave	Evoy	3:12:01	40-49	18	male	46	Ayr
69	113	Alan	Nightingale	3:12:40	40-49	19	male	46	Owen Sound
70	117	Joe	Sholtes	3:14:59	50+	18	male	62	Southampton
71	123	Jodi	Dawson	3:18:47	39<	13	female	36	Owen Sound
72	142	Rob	Udell	3:19:50	50+	19	male	52	Toronto
73	102	Glenis	Mclaren	3:19:59	40-49	10	female	44	Holland Landing
74	135	Gailanne	Joachim	3:21:57	39<	14	female	31	Mississauga
75	141	Murray	Wood	3:22:58	50+	20	male	53	Orillia
76	127	Ann	Evoy	3:24:27	50+	6	female	51	Ayr
77	98	Becky	Musselman	3:24:28	40-49	11	female	46	Waterloo
78	101	Janis	Jarvis	3:25:39	40-49	12	female	49	Holland Landing
79	200	Bob	White	3:26:18	40-49	20	male	45	Owen Sound
80	106	David	Robson	3:36:28	50+	21	male	50	Dorchester
81	87	Ted	Durrant	3:38:17	50+	22	male	54	London
82	88	Gail	Smith	5:38:56	40-49	13	female	40	Toronto
	75	Bonnie	Coulter	DNS	39<		female	24	Toronto
	72	Steven	Santia	DNS	39<		male	27	Oakville
	74	Bill	Haycock	DNS	39<		male	38	Owen Sound
	111	Darrell	Cooney	DNF	40-49		male	40	Guelph
	122	Luke	Keuken	DNS	40-49		male	46	Owen Sound
	105	George	Sarson	DNS	50+		male	59	Waterloo
	119	Doug	Sinclair	DNS	50+		male	53	Paris